

# Inland Empire Imaging Center

260 East Ontario Ave Ste 101 Corona, CA 92879  
Tel: 951-284-1920 Fax: 951-284-1921

## CT PATIENT PREPARATION – IV Contrast Only

### WEEK BEFORE SCAN (OR EARLIER)

- If you have had a previous CT or PET/CT done at a different facility, please call that facility and coordinate a time to pick up a copy of the scan **on a CD-ROM, not the report**, to bring with you at the time of your appointment.

*If there is absolutely no way for you to pick up the scan prior to your appointment, we will ask you to sign an Authorization of Information Release form so we can put in the request. Please note if we have to request the CD, it may delay the time it takes for your scan results to get to your physician.*

- Get lab work done at least one week prior to your scan (if you haven't already done so). Your lab work should have been done within the last 30 days.

### THURSDAY / DAY OF SCAN

- **Do not eat or drink anything 6 hours prior to scan**
- Do not chew gum, chew tobacco, or smoke 6 hours prior to scan
- ✓ Please plan to **arrive at least 15-20 minutes before your appointment** time to fill out paperwork.
- ✓ Please **bring your photo ID & insurance card(s)**.
- ✓ Plan to be here for approximately 45 minutes & schedule transportation accordingly.
- ✓ We highly suggest wearing comfortable clothing without any metal (i.e. zippers, jewelry, hairpins, etc.)

**For patients with high cholesterol**, it is okay to take your medication.

**For patients with claustrophobia**, bring your medication with you (do not take them).

**For patients with diabetes**, please let us know ahead of time for specific instructions.

If you would like to receive a text message confirmation of your appointment, please opt-in by sending REMIND ME to 951-356-6916