

PET-CT PATIENT PREPARATION

WEEK BEFORE SCAN (OR EARLIER)

- **If you have had a previous CT or PET/CT done at a different facility, please call that facility and coordinate a time to pick up a copy of the scan on a CD-ROM, not the report,** to bring with you at the time of your appointment. *If there is absolutely no way to pick up the CD prior to your appointment with us, we will ask you to sign an Authorization of Information Release form so we can put in the request. Please note, that if we have to request the CD, it may delay your scan results to your physician.*

SUNDAY / 2 DAYS BEFORE SCAN

- No exercising for 48 hours prior to scan

MONDAY / NIGHT BEFORE SCAN

- Nothing to eat or drink (*except for water*) after midnight

TUESDAY / DAY OF SCAN

- Do not eat or drink anything (*except for water*) 6 hours prior to scan
- Drink plenty of water
- Do not chew gum, chew tobacco, or smoke 6 hours prior to scan
- ✓ Please plan to arrive at least 15-30 minutes before your appointment time to fill out paperwork.
- ✓ Don't forget your photo ID & insurance card(s).
- ✓ Plan to be here for approximately 2-3 hours & schedule transportation accordingly.
- ✓ We highly suggest wearing comfortable clothing without any metal (zippers, jewelry, hairpins, etc.)

For patients with high cholesterol, it is okay to take your medication.

For patients with claustrophobia, bring your medication with you (do not take them).

For patients with diabetes, Do not eat or drink anything (except water) 4 hours before scheduled appointment; Please take insulin exactly 4 hours before scheduled appointment.

Please note: We will call to confirm your appointment 2-3 days beforehand. **If we do not hear back from you by the end of the day, we will cancel your appointment and reschedule.**

Please call us to confirm by 4pm the day before your appointment. A special medicine is ordered for each patient, **if you have confirmed and are a no-show, we will have to bill you for the cost of the medicine.** To avoid this, please call us no later than 4pm the day before your appointment.